

FERTILITY CARE
THE IVF CENTER

Fertility CARE: The IVF Center

Mark P. Trolice, M.D.
Director, FACOG, FACS, FACE
Board-Certified in
Reproduction Endocrinology &
Infertility

Center for Male Infertility

Michael Witt, M.D.
Board Certified in Urology &
Male Reproduction Specialist

Mind/Body Institute

Judith Burnett, Ph.D.
Reproductive Health
Psychologist

Patient Information:

Date: _____

Patient Name: _____ DOB: _____

Phone: _____ Diagnosis: _____ Insurance: _____

Female Fertility Services

Consultation Infertility Endometriosis Recurrent Pregnancy Loss PCOS Fibroids

Pre-Implantation Genetic Testing Oocyte Cryopreservation _____

Hysterosalpingogram (HSG In-Office)

For HSG, please have the patient call us on the first day of her period. For appointments, please reach out to our schedulers at (407) 672-1106 ext. 301.

Saline Infusion Sonogram (SIS In-Office)

For SIS, please have the patient call us on the first day of her period. For appointments, please reach out to our schedulers at (407) 672-1106 ext. 301.

Pelvic Ultrasound/Transvaginal

Male Fertility Services

Consultation Infertility In-Office Semen Analysis Sperm Cryopreservation Intrauterine Insemination Preparation
(Instructions on Back of Form)

Ordering Provider Information:

Provider Name: _____ Date: _____

Practice/Office: _____ Phone: _____

Provider Signature: _____ Fax: _____

Thank you for entrusting your patient's care to us.

5901 Brick Court • Winter Park, FL 32792
P: (407) 672-1106 • F: (407) 678-2790
Info@MyFertilityCARE.com • MyFertilityCARE.com

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Instructions for Semen Collection

- **To schedule your appointment contact:**
IVF Laboratory of Central Florida at: 407-672-1106
- Bring your Photo ID with you to your appointment.

NOTE: If you have had a fever or exposure to high temperatures (hot tubs, saunas, etc.) within the last 60 days, please let us know.

It is extremely important to be as clean as possible to avoid any costly repeat culture testing and unnecessary antibiotics. We recommend the following prior to a sample collection:

1. Shower with thorough genital cleaning prior to the sample collection.
2. Wear clean clothes to prevent bacterial contamination of the sample.
3. **Only use the Collection Cup provided** by IVF Laboratory of Central Florida (other collection cups may have been chemically treated which could affect sperm quality). If you plan to collect at home, please obtain a collection cup from your Physician's office or the Laboratory beforehand. **The sample must arrive within an hour of the time of collection** with your full name and date of birth on the side of the cup.
4. You **MUST** refrain from ejaculation for a minimum of 3 full days, but no more than 5 days prior to collection.
5. **DO NOT USE** any soap, creams, or other lubricants to assist with the collection of the specimen unless provided to you by your Physician or the Laboratory.
6. If you anticipate the need for a condom, please ask your Physician or the Laboratory for a medically approved prophylactic to be provided.
7. **DO NOT USE** a store-bought condom as they contain spermicide.



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